

CHALLENGING MENTAL HEALTH STIGMA AND DISCRIMINATION THROUGH AN INTERSECTIONAL APPROACH

SUPPORT RESOURCES



OVERALL

- [CHALLENGING MENTAL HEALTH STIGMA AND DISCRIMINATION THROUGH AN INTERSECTIONAL APPROACH - KEY MESSAGES](#)
- [SEE ME INTERSECTIONAL APPROACH TO CHALLENGING MENTAL HEALTH STIGMA AND DISCRIMINATION](#)

TOOLS

- [SEE ME INTERSECTIONAL APPROACH TO COMMUNITY ENGAGEMENT TOOL](#)
- [SEE ME EVIDENCE TO ACTION TOOL](#)
- [SEE ME SELF-REFLECTION TOOL](#)

LEGISLATION

- [EQUALITY ACT 2010 AND MH STIGMA AND DISCRIMINATION - INFOGRAPHIC](#)

BLOGS

- [MAKING SPACE FOR EVERYONE'S MENTAL HEALTH](#)
- [TAKING AN INTERSECTIONAL APPROACH | END MENTAL HEALTH STIGMA AND DISCRIMINATION](#)
- [VALUES LED PARTNERSHIP AND COMMUNITY ENGAGEMENT | END MENTAL HEALTH STIGMA AND DISCRIMINATION](#)

ANTI-STIGMA ONLINE SESSIONS

- [INTERSECTIONAL MENTAL HEALTH STIGMA \(AUGUST 2025\)](#)
- [ANTI-STIGMA SESSIONS: GOOD ANTI-STIGMA PRACTICE SESSION \(SEPT 2025\)](#)

SHORT VIDEOS:

- [THE ROOTS OF MENTAL HEALTH STIGMA AND DISCRIMINATION \(10.12 MINS\)](#)
- [HISTORICAL LEGACIES OF MENTAL HEALTH STIGMA AND DISCRIMINATION \(7.57 MINS\)](#)

REPORTS

- [CREATING SPACE: ARTS BASED APPROACHES TO TACKLING MENTAL HEALTH STIGMA](#)
- [SEE ME PROUD EVALUATION REPORT](#)

