

PANEL A

FOLD HERE

PANEL B

FOLD HERE

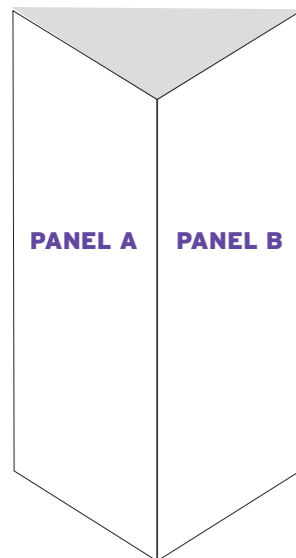
PANEL C

FOLD HERE

How to create your canteen stand.

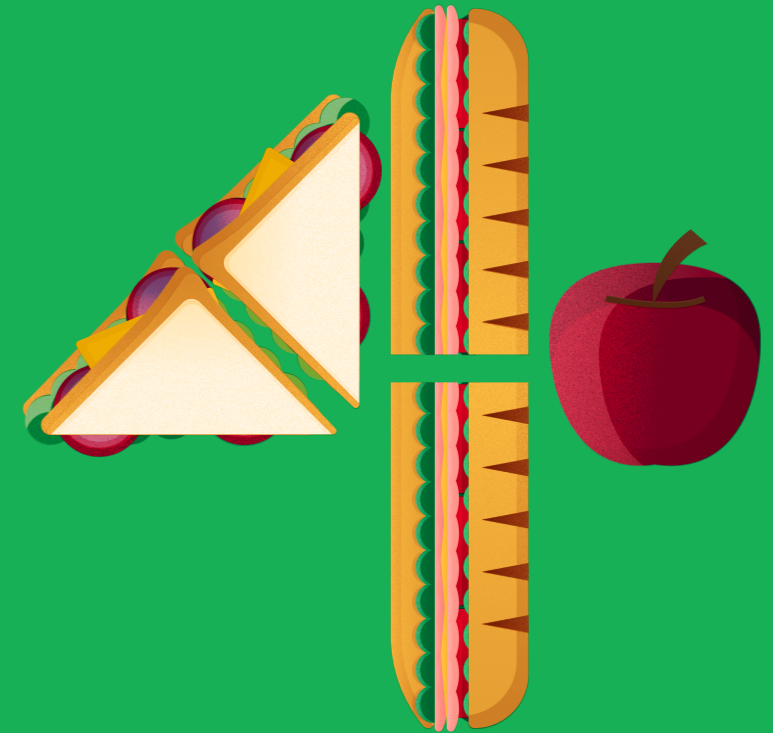
- Fold along marked lines
- Cut out entire shape
- Glue tab and affix to reverse of panel A
- Display on canteen or break room table.

PANEL C



1 MEET-UP
4 SARNIES

6 "LET'S DO THIS AGAIN'S"
1 SUPPORTIVE ENVIRONMENT



GLUE HERE



**However you do it,
make a conversation
about mental health.**

#timetotalk