

SEE ME COMMUNICATIONS EVALUATION: INFORMATION SHEET



Background

See Me is Scotland's national programme to end mental health stigma and discrimination. See Me are working with schools, workplaces and health and social care settings in Scotland to implement a range of resources, materials and training designed to support young people and adults in their lives to understand the importance of good mental health, recognise how it affects them and others and build confidence to talk openly about mental health and challenge mental health stigma and discrimination.

Who's involved?

As a participant in the Journey of a Social Movement Podcast series, you are in a position to use these resources and help us learn about what works well in the programme.

Who is running the evaluation and what is it for?

This evaluation is being run by a research team from the Mental Health Foundation. The evaluation of See Me Communications will help us to learn about the materials and approaches being used, what worked well and why.

What will the evaluation involve?

The research involves taking part in an interview. This will be no longer than one hour and will be conducted electronically, via Zoom or Microsoft Teams. The interview will be audio-recorded, if you consent. A Researcher from MHF will facilitate the interview.

Your answers will be anonymised after the interview has taken place and will be securely stored by the Mental Health Foundation. You can decide to stop participating in the evaluation at any point during the evaluation; this will not impact your ability to take part in any See Me activity/training.

How will the information be used?

The information gathered as part of the evaluation will help to inform the development of the See Me Communications programme. It will be part of a report given to the funders of See Me and in a public report available online and in hardcopy. The information within the report will be anonymous; meaning it won't be possible to identify your individual responses within the findings.

The only exception to confidentiality is if during the evaluation you say or write something that raises concerns about your safety or another young person's safety. In this case the researcher will discuss this with you first to agree on the best way forward.

What do I need to do now?

You need to decide whether or not to take part in the evaluation. Please think carefully about whether you would like to be involved. You will be asked now to give your permission by completing a consent form.

Contact for further information

If you would like more information please get in touch with the team at: cmaguire@mentalhealth.org.uk

Please note:

- All information collected as part of this research will be treated as confidential and any personally identifying information will be removed so responses are anonymous.
- Any personal information you provide will be stored securely for a maximum of one year following the conclusion of the research, after which it will be securely destroyed.
- The Mental Health Foundation (MHF) will conduct this research in accordance with the General Data Protection Regulations 2018 and the Directive on Privacy and Electronic Communications Regulations (December 2003).

SEE ME IN WORK EVALUATION:

STAFF CONSENT FORM



To be completed by the staff member taking part in the evaluation.

Please note:

- All information collected as part of this evaluation will be treated as confidential and any personally identifying information will be removed so responses are anonymous.
- Any personal information you provide will be stored securely for a maximum of one year following the conclusion of the research, after which it will be securely destroyed.
- The Mental Health Foundation (MHF) will conduct this evaluation in accordance with the UK Data Protection Act 1998 and the Directive on Privacy and Electronic Communications Regulations (December 2003).

Please read this form carefully. If you have read the information sheet and now **agree to take part in the evaluation**, sign your name below to confirm that you have read and understood the statements and that you consent to take part in the evaluation.

I understand the purpose of this evaluation and I have had the chance to read the information sheet and ask any questions.

I understand that information collected as part of this survey will be treated as confidential. This means that any information that could identify me will be removed. The only exception to this will be if I indicate that I or someone else is at risk at serious harm.

I consent to the focus group/interview being audio-recorded.

I understand how the information I give will be used and I agree to take part in the evaluation.

I understand that I can withdraw my consent at any time during the evaluation and this will not impact on my taking part with any activity with See Me

Name

Signature

Date



Mental Health
Foundation