**Discussion Guide – See Me and GHK**

**Participant introductions**

**Background and project interest**

* Why did you initially get involved with the programme?
  + Why do you think the work is important?
* What were your expectations of the programme?
  + Have these been met so far?
* What is the intent and purpose of the programme within the club?

**Experience of programme – mental health S&D knowledge and conversations**

* How effective have you found the programme so far? Can you give me any examples of where it has been particularly effective and why?
  + Has the programme been more impactful for some groups more than others? Are there any groups that have taken the information on board more than others?
* Do you think that the programme has increased people’s knowledge of mental health stigma and discrimination?
* Do you feel more confident and equipped to have conversations about mental health?
  + Have you had more conversations about mental health?
  + Have you had more conversations about MH stigma and discrimination?
  + Have members demonstrated more confidence in having these conversations?
* How have you found conversations with people with lived experience of mental health problems?
  + Were you able to discuss MH stigma that they had faced with them?
  + Were you able to discuss MH stigma that they have witnessed with them?

**Session on ‘It’s Okay to Talk’**

* How did you feel about the session?
  + What was good about it?
  + What could have been done better?
  + What did you take away from the session?

**Impact and lessons learned so far**

* What changes have occurred in the club so far?
  + Have stigma and discrimination been more openly challenged?
  + Have stigma and discrimination been reduced?
* What value do you think the programme has added to the club so far?
  + Is this different for different groups?
* What is the most successful part of the programme so far?
* What has been less successful?
  + What would you do differently to change that?

**Partnership with See Me and sustainability after the partnership**

* How have you found the partnership working with See Me so far?
  + What could have worked better?
  + Do you think that this work would have happened without See Me?
* Now in a capacity building phase, how do you currently feel that the club can embed anti stigma activity sustainably into its activities in the longer term?
  + Do you feel that you have the resources to do this?
  + If not, what kind of support and resources would you like to have?
* Do you think that this is something that we need to see more widely in community sports?
  + Would you recommend it to your contacts in community sports?
* What do you think that the next steps are for the programme?
  + What are your hopes for the next steps?