

4 May 2010

Dear Colleague

## **'see me' Glasgow Regional Meeting**

We are delighted to invite you to 'see me's regional event which is being held on **Monday 7<sup>th</sup> June** at the **St Andrew's in the Square in Glasgow**.

The main aim of this event is to facilitate discussion about possible work around tackling the stigma and discrimination of mental ill health.

The agenda for the day includes: a campaign update from 'see me'; showcases of activities that have worked locally in addressing stigma and discrimination; and a discussion around how we all can be involved.

The event will begin 11am and finish at 4pm. Please find attached the proposed agenda (subject to change).

This meeting will also be promoted through the local press in the coming weeks, and we are expecting a broad range of attendees, including local groups working in mental health as well as anyone and everyone who is keen to tackle the stigma and discrimination of mental ill health.

Places will be allocated on a first come first served basis and there will be a limited number of places per organisation. If you are able to attend this event we would be grateful if you could let us know by filling out the booking form and sending it back to us, or alternatively by emailing [info@seemescotland.org](mailto:info@seemescotland.org) or calling the office on 0131 554 0218 with the relevant information. **Please RSVP by Friday 21<sup>st</sup> May.**

Please find enclosed a draft agenda for the day, a map and a booking form.

Please don't hesitate to contact us if you have any further queries about this event.

Best wishes



Suzie Vestri  
Campaign Director